



# A VIEW FROM FEW

AN ORGANIZATION FOR OPPORTUNITY AND EQUALITY  
FOR WOMEN IN GOVERNMENT

SPACE COAST CHAPTER, KENNEDY SPACE CENTER, FL

APRIL, 2004

## SPACE COAST CHAPTER, FEW 2003 – 2004 Officers and Committees

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Regional Legislation	Marie Argana



## PRESIDENT'S MESSAGE

*Barbara Powell*

I'm sorry. This month I'm the one that delayed the publication of the Newsletter, but with good reason. The Awards Committee has been frantically working on updating and completing the National Awards and Regional Awards Nominations so that we could meet the April 7, 2004 deadline.

The other exciting thing I've been doing is working on the All American Picnic Committee, and before I forget, I want to sincerely thank all of the members who helped with the Children's Games. I understand some of you were like the "Ever Ready Bunny" and stayed on ticking way beyond your shift time. Thanks for helping the Chapter support KSC, and making the picnic a special event for everyone. The attendance was the largest ever, over 7,500 people participating.

Here are some dates to remember for April and I hope I'm not to late getting this information out, and this is just a reminder:

APRIL is FEW Diversity Awareness Month

April 6, 2004 – "Spring Forward – Fall Back". Day Light Savings Time set your clocks ahead one hour

April 7, 2004 - Applications for the 2004-2005 FEW National Collegiate Scholarship Program are due. This scholarship is for FEW members who are seeking to continue their college education.

April 7, 2004 – Nominations are due from the 2004 NTP Regular & Retiree Scholarships. The nomination package **MUST BE SUBMITTED** in accordance with the National Policies and Procedures Manual.

May 1, 2004 – Out of pocket Registration forms must be submitted for the National Training Program, being held in Nashville, TN, July 19-23, 2004

May 28, 2004 – Early Bird Registration for National Training Program must be received by May 28, 2004.

July 19 – 23, 2004, National Training Program, Nashville, TN, Opryland Hotel.

Speaking of the National Training Program, I found an article showing “Why You Should Attend the NTP!”

- network among your peers,
- learn how mentoring can help you prepare for the next step I your career path and how you can help others achieve their goals,
- receive tips to help with your financial planning,
- better understand the art of motivating yourself and others,
- learn how to protect yourself and your identify,
- recognize the threat of workplace violence and learn how to prevent, diffuse or respond to it,
- understand diversity, prejudice and the basics of EEO, and find out how to avoid abusive tax schemes.

Well it’s time to turn this article over to Editor, and let her get on with her job. Have a wonderful Easter. Look forward to seeing everyone, and some new faces at our Membership Meeting, April 27, 2004, at Kelsey’s in Port St. John. Remember your New Year’s Resolution. Introduce someone new to FEW! ☺ ☺

**Best Places to Work in the Federal Government**

The Partnership for Public Service American University's Institute for the Study of Public Policy Implementation (ISPP) announced the "Best Places to Work in the Federal Government," according to federal employees.

"Best Places to Work" is a ranking of federal government organizations that draws from the opinions of more than 100,000 federal employees who responded to the U.S. Office of Personnel Management's Federal Human Capital Survey, administered last year.

Overall	
#1	National Aeronautics and Space Administration

Employee Skills/Mission Match	
#1	National Aeronautics and Space Administration

Effective Leadership	
#1	National Aeronautics and Space Administration

Teamwork	
#1	National Aeronautics and Space Administration

Strategic Management	
#1 (Tie)	National Aeronautics and Space Administration General Services Administration

Pay and Benefits	
#1	National Science Foundation

Work/Life Balance	
#1	National Aeronautics and Space Administration

Family Friendly Culture and Benefits	
#1	National Aeronautics and Space Administration

Performance-Based Rewards and Advancement	
#1	National Aeronautics and Space Administration

Support for Diversity	
#1	National Aeronautics and Space Administration

Training/Development	
#1	National Aeronautics and Space Administration

<b>Federal Sub- Agencies</b>
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<b>Overall</b>	
<b>#1</b>	George C. Marshall Space Flight Center

<b>Employee Skills/Mission Match</b>	
<b>#1</b>	Army National Guard Units (Title 32)

<b>Pay and Benefits</b>	
<b>#1</b>	Office of the Inspector General for Tax

<b>Strategic Management</b>	
<b>#1 (Tie)</b>	Bureau of Public Debt  Defense Contract Audit Agency

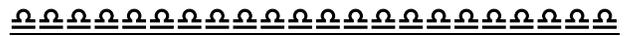
<b>Teamwork</b>	
<b>#1</b>	George C. Marshall Space Flight Center

<b>Effective Leadership</b>	
<b>#1</b>	George C. Marshall Space Flight Center

<b>Work/Life Balance</b>	
<b>#1</b>	Bureau of the Public Debt

<b>Support for Diversity</b>	
<b>#1</b>	John F. Kennedy Space Center

<b>Performance-Based Rewards and Advancement</b>	
<b>#1</b>	John F. Kennedy Space Center



## Ten Surefire Ways to Tick Off Your Coworkers

From MSN.COM

1. Is it always all about you?  
Are you preoccupied with your own career path and looking good at the expense of others? Do you put others down while you pump yourself up? Instead, conduct yourself in such a way that other people will want to see you succeed-- let their genuine support and admiration of who you are pull you to success.
2. Answering cell phone calls during meetings.  
A surefire way to aggravate people is to consistently respond to calls, emails and pagers when in conversation with others. This sends a message that they are less important than the caller. Let the calls go and return them when your current conversation is over. If you are expecting an urgent call, alert those present. They will appreciate that you value their time and that you stay focused on matters at hand.
3. Sending voicemails that go on and on and on.  
At the end of a voice message, replay it and hear how you sound. Do you have difficulty in getting to the point? Just like giving a speech - state your objective or main message first and follow it with brief, supporting sub-points. Some people prefer voicemail, some email - each workplace has its own expectations.
4. Acting like a bureaucrat.  
Do you drag out turnaround times and play control games? Do you create obstacles or barriers for others to do their work? Making mountains out of molehills is another surefire way to alienate people. Teach people how to navigate your organization efficiently, knowing when to stick with the rules and when to break them.
5. Reading the newspaper or hammer on your laptop during training sessions or meetings.  
Yes, there are way too many meetings and you've got more important things to do. Yet doing non-relevant tasks when there is a set agenda sends a clear message that this event or these people are unimportant to you. Instead, be fully focused - chances are if you completely engage, you will make important contributions while you show you are a committed team player.

6. "I'm like, ya know . . ."

You are your words even more so in virtual relationships. You may be communicating with people worldwide who know you only by the sound of your voice or the tone of your emails. Become conscious of how you use language and stop communicating in ways that cause you to sound inexperienced or unprofessional. Ask those you trust and respect for feedback.

7. Doing your bills at the office.

Whether you are paying your bills, planning your wedding, or placing an online order for a special gift, avoid doing them on office time. People understand short personal calls and respect emergencies, but they don't appreciate seeing you get paid to manage your life.

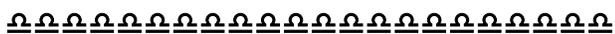
8. Skirting around the dress code.

Ask ten companies to define business casual and you have ten different definitions. Dressing for work has never been more complicated - especially if you work at multiple locations. Prioritize matching your customer's dress code and if visiting more than one on a given day and the codes conflict, go for a classic, neutral look and be prepared to flex - adding or losing a jacket or tie between locations.

9. Taking it too easy on telecommute days. Run a few errands and throw in a load of laundry? Hey, you're a hard worker and deserve work-life balance. Telecommuting can be a tremendous win-win but if you stretch it to its limits, you may blow the policy for yourself and others. Meet your deadlines, be readily available during business hours, and do great work -- skip the temptation to make it appear like you are working but you're really not.

10. Acting unethically.

Make sure you are clear on your organization's ethics policies and have the courage and conviction to uphold them. It's easy to draw the line on major violations but watch for the subtle ways you may be pulling others in the wrong direction to achieve goals – massaging numbers or data, violating copyright, or providing misleading information. Raise the ethics bar high and hold yourself and others to it.



**COMMUNITY OUTREACH**  
*Aneta Ott*

What a great time we had at the All American Picnic! Want to thank all those who participated in our volunteer effort for the childrens game called "Countdown" It was very refreshing to see all of those sweet innocent faces trying so hard to win a prize. But, everyone won was a winner and that was great! Again, thanks to those who helped - you are what make FEW the wonderful organization it is.



**Your Health**  
*Submitted by Vickie Hall*

### **Healthy Eating Tips for Busy Women**

The following healthy eating tips will help you feel great, look great, carry out every-day activities better and empower you to keep it up for many years to come.

Poor health for most women is the build up of poor life-long nutrition choices and the lack of exercise, both cardiovascular and weight exercise. If you make good choices now and exercise on a regular basis, you're less likely to become a strain on the health system years later.

And it's been proven over and over for many years that women who do make these good choices tend to be healthier and live longer.

You've probably heard most nutritionists say that breakfast is the most important meal of the day. And it is because if you eat breakfast you'll not only gain fuel for a high-energy and productive day, but you'll also have a tendency to make better food choices during the remainder of the day.

The mistake most women make when making a choice for breakfast is to just eat cereal. And it doesn't help with all of the commercials out their telling us that cereal is all you need.

Yes, cereals rich in fiber like bran flakes, oat bran, all-bran, and raisin bran are very healthy for you. And most types of cereal with a banana, strawberries, low-fat milk etc are very good for you.

But it's important to know that while they may contain ample carbohydrates, calcium, fiber, other nutrients, are low in fat and easy and quick to make, they don't contain nearly enough protein. And it's the protein that's more than likely the missing ingredient in your diet.

Your muscles need protein, and cannot function properly without it. Women who attempt to lose fat and/or tone up their muscles, will get the best results when they consume an ample amount of protein with breakfast. But it difficult to get good quality protein during breakfast, unless you were to eat a bunch of eggs and bacon, which of course would lead to a whole other problems.

So how do you get enough protein without eating fat? Well the only way you can is to include Whey protein. Whey protein is a powdered supplement that you can buy in any health food store and most super-markets. All you have to do is either mix one scoop in with your cereal (it dissolves very easily) or just stir a scoop in a glass of water. Either way it's the best way to get the protein you need at breakfast. Don't focus on any one meal. All of your meals should be nutritionally well-balanced. Meaning they should contain protein, carbohydrates and some fat. Fat will help dramatically to keep your energy levels high. If you're dieting you need continually fuel your body throughout the entire day. This means a minimum of 4, but preferably 6 meals each and every day. This way you'll have the energy to exercise properly and won't crave any large unhealthy meals.

Don't get caught up in the Fat-free food frenzy. Fat-free foods are very high in simple carbohydrates and will increase your insulin, which will "Feed" your fat cells making you fatter very quickly.

A good nutrition plan starts when you're making your grocery list. Then of course you have to stick to the list! Another good idea is to shop for your groceries just after you've eaten. This way you won't be tempted to fill up the cart with junk food.

Nutritionally poor food is fine in moderation. But don't over-do it. Take one day each week to satisfy your cravings. You won't eliminate all the good things you've done over the rest of the week. There's little wrong with it and in fact it'll help you stay on track.

If you try to eliminate your favorite "junk food" completely it'll lead to binge eating in only a couple of weeks. Then you'll have a lot of trouble getting back on track.

When it comes to meats, chicken, tuna (and most other fish) and turkey are your best choices. They're lower in fat, which means they're lower in calories as well and have less cholesterol.

But don't eliminate red meats. They're not only an excellent source of protein but also of iron, zinc and creatine (which helps tremendously with fitness). So try to include a couple of meals each week that contain red meats.

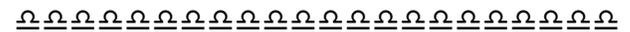
Banana's, oranges, grapefruit, and other citrus fruits are the best fruits. They're rich in vitamin C and potassium. Eat fruit and drink juices daily. But be aware fruits and fruit juices contain a lot of calories, so if you're trying to lose weight once a day is good enough.

Supplements are meant to supplement healthy eating, not compensate for poor eating habits. But if you aren't getting the nutrients you need, for example you'd need to drink a ton of milk plus take other calcium rich foods each day to get the calcium you need, then a calcium pill a day may be a good idea.

Exercise is not an option. Cardiovascular exercise and more importantly resistance exercise (weight lifting) is essential for good long-term health. Muscles will increase your metabolism making it possible to lose fat, and resistance exercise has amazing benefits for your heart and other organs.

A daily vitamin E may help protect against heart disease and cancer. Because people cannot easily get enough vitamin E in common foods, a supplement of 200 to 400 international units (IUs) per day is a wise health investment.

*Article written by Phil Beckett, author of The New Women's Guide To Successful Weight Loss & Fitness.*

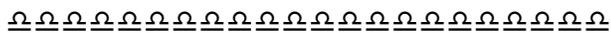


## **FEW AWARDDING SCHOLARSHIPS** **Betty Valentine**

The deadline for scholarship applications for high school and/or college students has come and gone. We answered approximately 200 inquiries and by the deadline received approximately 50 completed applications. Now the "real" work begins for the committee. They will review, grade, and determine the most deserving. All recipients will be notified by mail no later than May 5, 2004. Recipient names will be posted in our next newsletter.

The deadline for membership scholarships is April 15, 2004. If you have not submitted your information you still have a few days. Interested members should submit a 3 x 5 card to Betty Valentine/UB-I-3. Be sure to include your name, organization, mail code, phone number, and area of studies on the card.

We wish all applicants Good Luck!!!



### PROGRAM COMMITTEE

*Patti Rissman*

The FEW Annual Membership Drive Meeting will be held on Tuesday, April 27, 2004 at Kelsey's in Port St. John. We will gather between 4:30 and 5:00 pm. There will be Free Pizza for everyone. Please come and network with Space Coast Chapter Members and hear a briefing on current and future events planned for the chapter.



### So You Think You Know Everything?

The words 'racecar,' 'kayak' and 'level' are the same whether they are read left to right or right to left and are called palindromes.

There are 293 ways to make change for a dollar.

There are more chickens than people in the world.

There are only four words in the English language which end in "dous": tremendous, horrendous, stupendous, and hazardous.

There are two words in the English language that have all five vowels in order: "abstemious" and "facetious."

Now you know everything! .... Maybe!



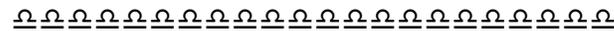
### MEMBERSHIP COMMITTEE

*Becky Denis*

We are truly glad to have our members support our Chapter and if anyone has any questions, call Becky Denis at: 321-867-4104 (voice), 321-867-1458 (fax) or E-mail at [Rebecca.M.Denis@nasa.gov](mailto:Rebecca.M.Denis@nasa.gov)

If you haven't yet sent in your membership dues, please send your check to our Treasurer, Karin Biega.

Also, please remember, when you use the Global FEW Membership list, it only includes the folks that are on-site. Individuals need to create a **FEW Membership Distribution** list in their personal address books and add in those folks that are off-site.



### COMPLIANCE

*Gail McLean*

### Federally Employed Women (FEW) is a membership organization which:

- Strives to eliminate sex discrimination in the federal government;
- Enhances opportunities for career advancement of women;
- Establishes and maintains with federal agencies, working relationships that advocate the fair application of EEO and personnel laws, policies, procedures, and practices;
- Improves the quality of life for women by influencing Congressional and Administration actions; and
- Works continually to achieve a unified and diverse membership that values and capitalizes on similarities and differences at all levels of the organization

The FEW mission and purpose statement was revised to recognize that the mission of an organization is its driving force, and that FEW's mission needed to be consistent with the needs of federal women today on into the 21st century.

The Compliance Committee of FEW's Space Coast Chapter supports compliance to FEW Local/National Legislative actions. Read about the many different legislative actions that FEW has taken on your behalf at <http://www.few.org/legislative.html>. If you are having any work related problems, please feel free to contact someone in your Chapter Board of Directors.



**SUNSHINE**  
*Karen Jansma*

Celebrating birthdays in April:

Marion Patak	03
Aneta Ott	05
Karin Biega	08
Betty Loudermilk	21
Lynn Heggs	24

Happy belated March 18<sup>th</sup> birthday wishes to Johanna Velasquez!



Our Chapter would like to continue to remember our FEW Sisters Birthdays as well as any other significant events in our members' lives, so please send information to Karen Jansma at [Karen.S.Jansma@nasa.gov](mailto:Karen.S.Jansma@nasa.gov). Also, if your big day comes around and it is not noted in the monthly Newsletter, please let Karen know.



GOVERNMENT NEWS & LEGISLATION  
*Marie Argana*



FEW's Washington Representative Janet Kopenhaver has requested that you add a detailed Subject line if you send her an email her address is [janetk@eyeonwashington.com](mailto:janetk@eyeonwashington.com). She has been getting hit with a lot of viruses and spam, and has been deleting those she do not recognize or those without a subject.

**Equal Rights Amendment**

In 2003, the Illinois House of Representatives passed their ERA ratification resolution by a bipartisan vote of 76 to 41. The Senate version of the resolution passed out of a Senate resolution passed out of a Senate Committee 8-5. Now it must go to the full Senate for a vote. Only three more states are needed for a 2/3 majority of states approving the ERA.

**Family Member Care**

**Sen. Christopher Dodd (D-CT) introduced S 304, Family and Medical Leave Expansion Act.** Companion bill - **HR 956, Family and Medical Leave Enhancement Act**, was introduced by Rep. Carolyn Maloney (D-NY). These bills expand the scope of the Family Medical Leave Act (FMLA) to lower the threshold for FMLA coverage from employers with 50 employees to 25; expands the reasons for which employees can take leave to include domestic violence; and allows workers an additional 24 hours of leave to attend school activities. **STATUS:** S 304 has 13 co-sponsors; referred to the Senate Committee on Health, Education, Labor and Pensions; HR 956 has 26 co-sponsors and was referred to the House Committees on Education and the Workforce, Government Reform, and House Administration.

**New TSP Fund Idea Moves Ahead**

The Thrift Savings Plan governing board is continuing to push ahead with the idea of adding a new fund or funds to the program that would create desired percentage mixes of the existing five investment funds, with automatic adjustments to maintain that ratio. The main reason for adding the new funds is that after studying TSP investor behavior officials have concluded that many participants invest too conservatively--35 percent have all their money in the low risk but low potential return government securities fund--while others take excessive risks--about 11 percent have all of their money in one or more of the stock funds. Only 6 percent of investors have money spread among all five funds. Further, TSP data show, investors tend not to rebalance their portfolios to take investment results into account--only about 16 percent of investors made an interfund transfer in the most recent year studied, 2002--and when they do, they tend to chase returns by shifting money to funds that have performed well recently. The result, according to an analysis prepared for the board, is that investors are getting too little return for the risk they are taking on; or, looked at another way, they are taking on too much risk for the returns they are getting.

One type of fund under consideration would be a lifestyle fund, in which the investor would decide a preferred level of investment risk and a portfolio would be crafted among the TSP stock and bond funds to reflect that risk. In the other, called a lifecycle fund, investors would project when they expect to withdraw the funds--not necessarily at

retirement--and a portfolio would be crafted and then adjusted to become more conservative as the withdrawal date approached. According to an analysis prepared for the board, the latter type of fund has several advantages in that it is easier for investors to understand and does not require the investor to reconsider the desired mix of investments over time. Whether the TSP will add one or both likely wont be decided for several months, and it likely would be months after that before any new fund or funds became available.

### **Action Alerts**

FEW leaders are asking our many members and other interested parties to continue visiting and using our grassroots website - [www.capwiz.com/few](http://www.capwiz.com/few) - as we move forward during this second session of the 108<sup>th</sup> Congress. HOWEVER YOU CANNOT USE A GOVERNMENT COMPUTER TO ACCESS THIS SITE. IT MUST BE ACCESSED USING YOUR HOME COMPUTER.

There are five Alerts on our site concerning important legislative issues that FEW has determined are top goals for our organization. All are experiencing momentum, but certainly will not be achieved without thousands of letters being sent to legislators over the next couple of months. Here is a summary of the issues (more details can be found at [www.capwiz.com/few](http://www.capwiz.com/few)):

1. **Repeal of GPO/WEP:** FEW members have already sent thousands of letters to lawmakers on this provision. In the House, an effort has started to approve a discharge petition on HR 594 - meaning it would go straight to the House floor for a vote. Considering there are 290 co-sponsors on the bill, it is assumed that it would pass. The Senate bill (S 349) continues to add co-sponsors slowly (30 to date).
2. **Paycheck Fairness:** This issue is starting to get publicity, and co-sponsors continue to be added to both bills (HR1688 has 107 co-sponsors; S76 has 20). In the House, legislators asked GAO to complete a study on Paycheck Fairness; the report concluded that women have made not a lot of gains. This is leading to more aggressive efforts on Capitol Hill to do something about this inequity.
3. **Federal Outsourcing:** FEW continues to request decision makers to include our

leaders in any meetings, workshops, and other important events where policy decisions are being discussed concerning outsourcing of federal jobs

4. **Equal Rights Amendment:** With progress being made in Illinois, the goal of 2/3 of the US states adopting an Equal Rights Amendment is getting closer. We need to obtain the support of Congress in agreeing that the Constitution can still be amended to include this important language and ensure that women are treated equally and fairly in all situations.
5. **Help VA Nurses:** FEW has joined forces with the Organization of Nurses' Equity (ONE) to help Veterans nurses with their pension benefits. These 1,500 retired nurses are the only federal employees/retirees with retroactively reduced pensions. We are asking Congress to rectify this situation by enacting HR972.

So if you have not already participated in all these efforts, please do so today. Either go to the FEW website's legislative section for a link to our grassroots website, or log onto [www.capwiz.com/few](http://www.capwiz.com/few) directly. Click on the Action Alert tab, type in your zip code, and your letters will be sent automatically. Encourage your colleagues, friends and family to do so as well.

REMEMBER YOU CANNOT USE A GOVERNMENT COMPUTER TO ACCESS THIS SITE. IT MUST BE ACCESSED USING YOUR HOME COMPUTER.

If you have any questions at all, do not hesitate to contact Janet Kopenhaver at [janetk@eyeonwashington.com](mailto:janetk@eyeonwashington.com)

**OSHA RECOMMENDS AEDs TO SAVE LIVES**  
450,000+ fatal heart attacks occur each year in the US alone. Defibrillation within 3 minutes of the onset of a heart attack results in over 70% success rates.

OSHA and the American Heart Association recommend Automated External Defibrillators (AEDs) in the workplace to increase survivability up to 40% after sudden cardiac arrest.

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**Facts about Women and Heart Disease  
From  
Women's Heart Advantage at the  
Parrish Medical Center**

**Do You Know the Most Common Signs of a  
Heart Attack in a Woman?**

- Indigestion or gas-like pain
- Dizziness, nausea, or vomiting
- Unexplained weakness or fatigue
- Discomfort between the shoulder blades
- Jaw pain
- Metallic taste in the mouth
- Sense of impending doom

I discussed this list of signs with a coworker and she had all of them prior to going to the hospital. Although she had all of them at differing times and for differing lengths of time, she said she felt an impending sense of doom for months prior to her heart attack. Her real message is to listen to your body and seek help before any damage is done.

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**CALENDAR OF EVENTS**

**April**

Diversity Awareness Month

- 01 All Fool's Day
- 15 Tax Day
- 20 Earth Day
- 27 Membership Meeting at Kelsey's, PSJ

**May**

- 01 Induction Ceremony - More than 20 current Hall of Fame astronauts will be in attendance for the induction of the third class of shuttle astronauts which include: Kathryn D. Sullivan, Richard O. Covey, Frederick D. Gregory, Norman E. Thagard and Francis R. Dick Scobee.
- 30 Memorial Day



**Florida History and Culture  
Submitted by Vickie Hall**

## The Great Depression in Florida



Florida's economic bubble burst in 1926, when money and credit ran out, and banks and investors abruptly stopped trusting the "paper" millionaires. Severe hurricanes swept through the state in the 1926 and 1928, further damaging Florida's economy.

By the time the Great Depression began in the rest of the nation in 1929, Floridians had already become accustomed to economic hardship.

In 1929 the Mediterranean fruit fly invaded the state, and the citrus industry suffered. A quarantine was established, and troops set up roadblocks and checkpoints to search vehicles for any contraband citrus fruit. Florida's citrus production was cut by about sixty percent.

State government began to represent a larger proportion of its citizens. Female citizens won the right to vote in 1920, when the Nineteenth Amendment to the U.S. Constitution became law. In 1937, the requirement that voters pay a "poll tax" was repealed, allowing poor African American and

white Floridians to have a greater voice in government. In 1944 the U.S. Supreme Court outlawed a system of all-white primary elections that had limited the right of African Americans to vote.

Taken from the following website:  
<http://dhr.dos.state.fl.us/museum/civwar/19.html>

## SPACE COAST CHAPTER NEWSLETTER *Sharon White*

This monthly publication is a means of sharing information and ideas. Please send news articles or items of interest for this Newsletter to Sharon White at OP-ES-A or e-mail at [Sharon.L.White@nasa.gov](mailto:Sharon.L.White@nasa.gov) Please feel free to share this Newsletter with your friends. And for anyone interested, a Membership Application is attached as the last page.

<b>New Applicant</b>		<b>Renewal</b>		<b>Previous Member</b>		<b>Change of Membership Info</b>	
<b>Name</b>				<b>Membership Number</b>			<b>Birth Date</b>
<b>Home Address</b>							
<b>City, State, Zip</b>							
<b>Home Phone</b>							
<b>Agency/Company</b>							
<b>Mail Code/Address</b>							
<b>City, State, Zip</b>							
<b>Work Phone</b>					<b>FAX #</b>		
<b>E-mail Address</b>							

**METHOD OF PAYMENT**

(Credit Cards only available Jan-Mar)

**Total Amount Due: see schedule below**

<b>Cash or Check</b>		<b>Check No.</b>		<b>Credit Card</b>	<b>Visa</b>		<b>Master Card</b>	
<b>Card Number</b>					<b>Expiration Date (MM/YY)</b>			
<b>Print Cardholders Name (as it appears on card)</b>				<b>Signature (Credit Cards Only)</b>				

	Month	Amount Due		Month	Amount Due		Month	Amount Due
	March	\$30.00		April	\$28.00		May	\$26.00
	June	\$24.00		July	\$22.00		August	\$20.00
	September	\$17.00		October	\$15.00		November	\$13.00
	December	\$11.00		January	\$9.00		February	\$7.00

**FEDERALLY EMPLOYED WOMEN  
Space Coast Chapter 009  
Membership Application**

Please place an X by the month dues are paid and pay the indicated amount.

National Office requests the following for statistics only:

Position/Title: \_\_\_\_\_ Series/Grade: \_\_\_\_\_

**Circle One:**    **SES**    **GM**    **GS**    **WG**    **Military**    **Other**  
Circle if Applicable:    FWP Full-time    FWP Part-time    EEO

**Demographics**

Sex [F/M]: \_\_\_\_\_    Race: \_\_\_\_\_    Years of Service: \_\_\_\_\_    Retired [Y/N]: \_\_\_\_\_

Membership dues are to be paid February 1<sup>st</sup> of each year.  
Please contact the Membership Chair, Becky Denis, 867-4104 if you have any questions.