

A VIEW FROM FEW

An organization for opportunity and equality for women in Government



June 2009

Space Coast Chapter, P.O. Box 21201, Kennedy Space Center, FL 32815
<http://www.ksc.nasa.gov/groups/few/>



President's Message

Marlene Satterthwaite, President

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June is the month to celebrate DADS and GRADS and the 1st Day of summer with pool parties and backyard barbeques. Unfortunately Florida in June means the start-up of the dreaded Hurricane season. Lots of preparation goes in to all these events!

And getting prepared are 15 Space Coast members who will be attending the National Training Program (NTP) in Orlando July 20-24 at the World Center Marriott. Many of those attending are actively involved in the planning and real time support of this event. The Chapter Board of Directors (BOD) met in May to select the attendees who would be funded. Selection was made on the criteria of chapter involvement and future involvement in chapter activities. Congratulations to those selected! Six of the 15 are being funded by the National FEW budget as they have and will be working as volunteers throughout the NTP or serving on the National Board.

Space Coast is proud to announce we are recipients of these FEW National NTP Awards: 1st Place for Newsletter and 1st Place for Membership Awards. Also, we are proud to announce Jean Grenville is this year's recipient of the ALLIE LATIMER Award. The ALLIE LATIMER AWARD recognizes the FEW member whose action and leadership resulted in service to FEW at the chapter and/or region level. In general, this overall achievement award recognizes extraordinary grassroots effort working to achieve FEW's mission. What an honor, Jean; you are so deserving of it! The NTP Awards Program will be Monday, July 20, when these awards will be presented.

The chapter has set the date for the annual retreat. September 16-20 we have reserved a large home in Orlando (sleeps 12) where we will strategize and brainstorm chapter activities for the next year. Karin Biega sets the 2-day working agenda to include: budget, programs, membership goals, scholarships, nominations, updates to policies and procedures and other chapter issues and interests. The early birds arrive Wednesday night, most will arrive various times throughout Thursday, stragglers have been known to arrive Friday.....historically we like to start our 1st meeting at 9:00 am on Friday. This is a great opportunity to get involved and learn what makes the chapter work. If you have interest in getting more involved, becoming a Committee Chair or member and possibly a Board member.....PLEASE let a present Board member know your interest (we are all listed at the back). We would love to have you join us at this RETREAT! Ask us – we'll be glad to tell you about it.

June 10 is our next PROGRAM MEETING. We will be assembling between 4:30-5:00 pm at the European Corner Restaurant/459-0101 in Merritt Square Shopping Center. Our guest speaker, Lyn Baker, from the Melbourne Social Security Office will speak on Social Security, Medicare and many items of interest that affect future income and benefits. Her presentation will begin at 5:15 pm. Remember – the Chapter pays meals of Current Members only. Please RSVP to TJ or me by June 5. Email teresa.j.piastuch@nasa.gov or biteleja@bellsouth.net or mbsatt44@aol.com.

FEW's Mission Statement

Federally Employed Women (FEW) is a membership organization working for the elimination of sexual harassment and the advancement of women in government. This will be accomplished by:

- Encouraging diversity and equity in the workplace
- Enhancing career opportunities for women
- Establishing and maintaining relationships with organizations to advocate the fair application of EEO and personnel laws, policies, procedures, and practices
- Improving the quality of life for women by influencing Congressional and Administration actions
- Committing to achieve and maintain a unified and diverse membership; and
- Providing opportunities for professional growth through leadership development, education, mentoring, and networking.

The FEW mission and purpose statement was revised to recognize that the mission of an organization is its driving force, and that FEW's mission needed to be consistent with the needs of federal women today on into the 21st century.

COMPLIANCE

Women Stuck on Lower Rungs, Group Says **By Joe Davidson, Washington Post** **Wednesday, May 6, 2009**

The organization Federally Employed Women welcomed recent news that Uncle Sam now pays women just seven cents on the dollar less than men, after all factors but some unexplained ones are considered.

What FEW isn't happy about is that "women in the federal workforce have not been able to move up the ladder as quickly as men due to many reasons including lack of mentoring, lack of training, and lack of opportunity," it said in a statement released yesterday.

"These critical career components for women are missing from federal agencies because of, among other things, the continued demise and erosion of the

Federal Women's Programs in federal agencies."

FEW is steamed because only half of 167 federal agencies bothered to meet requirements that they file reports on the programs that support female advancement and achieving equal employment for federal workers in 2006, the most recent year available.

Last month, the Government Accountability Office said the gender pay gap had declined significantly from 28 cents in 1988 to 19 cents in 1998 to 11 cents in 2007.

All but about seven cents of the gap can be explained by differences in such things as the jobs men and women have and, to a lesser extent, other factors including education and years of federal experience, according to the GAO.

LEGISLATION

Federally Employed Women (FEW) salutes the House of Representatives for approving legislation (HR 1804) that included two very important federal worker provisions. An amendment was offered by Federal Workforce Subcommittee Chairman Stephen Lynch (D-9-MA) to include the Federal Employees Retirement System (FERS) Sick Leave Credit (HR 958) legislation during a previous mark up of the bill. Subcommittee member Rep. Gerry Connolly (D-11-VA) offered the FERS Redeposit Act amendment (HR 828). "We sincerely appreciate this support of federal workers," stated Sue Webster, FEW's National President. "Our organization remains concerned about the large number of retirements expected over the next five to eight years, and these bills will help attract and retain new workers, as well as offer retirees an incentive to return temporarily to the federal workforce to help train these new employees, Webster added.

Employees under the FERS receive no compensation for their unused sick leave when they retire. (In contrast, employees covered under the Civil Service Retirement System (CSRS) Retirement System are credited for unused sick leave when they retire.) The FERS Sick Leave Credit would provide the exact same benefit to FERS

employees that CSRS employees currently have. Accrued sick leave at the end of a federal career will be added to the years of service an employee has worked in order to calculate retirement benefits.

The FERS Redeposit Act would allow individuals who return to government service after receiving a refund of retirement contributions to re-enter without losing their accrued annuity. Instead of forfeiting credit earned during their prior service, returning employees would be able to redeposit their cashed out annuity upon re-employment. This benefit is already available to federal employees covered under the older CSRS. Having a reinvestment option for FERS would make government service more competitive by incorporating the flexibility and mobility of retirement plans available in the private sector.

Cecelia Davis, FEW's Vice President for Congressional Relations, expressed her gratitude to Rep. Jim Moran (D-8-VA) who originally introduced these two bills. "Mr. Moran has consistently helped move legislation through the Congress that benefits not only current federal workers, but also potential and retired workers as well. This is especially important as we attempt to attract and retain new employees so that the services Americans have come to rely on, and deserve, are not interrupted."

These provisions are paid for through changes to user fees on tobacco. This bill also makes important changes to the Federal Government's Thrift Savings Plan (TSP) including automatic enrollment for new employees with matching funds and the addition of a "Roth IRA option" for current enrollees. "During these tight budgetary times, it is absolutely essential that we not add to our nation's expenses," advised Janet Kopenhaver, the organization's Washington Representative. "Not only are these two provisions completely paid for, but the TSP changes also will result in more young workers saving for their retirement. This is certainly a win-win situation for everyone," declared Kopenhaver.

We would like to thank the Oversight and Government Reform Committee Chairman, Edolphus Towns (D-10-NY) and Federal Workforce Subcommittee Chairman Lynch for

their keen support and interest in moving these federal worker provisions forward," Webster concluded. "We ask that the Senate do the same and pass this bill expeditiously in order to fix the Sick Leave Inequity between the two retirement systems and make it attractive for federal retirees to return to service without penalizing them for doing so.

JUNE DIVERSITY EVENTS

Charlotte Becker, Diversity Chair

Below is some history about several important events in June. Hope you enjoy the history lesson.

FLAG DAY

Flag Day is an annual observance in the United States to celebrate our country's national flag. The Continental Congress observes Flag Day on June 14 because this is the anniversary of the official adoption of the American Flag in 1777. On Flag Day, public buildings and many individuals display the American flag as a gesture of patriotism and national pride. Some schools hold ceremonies and educational programs that promote reverence for the flag.

The first annual celebration of the U.S. flag is believed to have been introduced by Bernard Cigrand, a Wisconsin schoolteacher. In 1885 he arranged for his pupils at Stony Hill School in Waubeka, Wisconsin, to celebrate June 14 as "Flag Birthday." Over the next several years, Cigrand advocated the observance of Flag Day in numerous speeches and magazine articles.

Flag Day celebrations gained in popularity throughout the late 1880s and the 1890s. George Balch, a kindergarten teacher in New York City, organized Flag Day ceremonies at his school in 1889. Inspiring the New York State Board of Education to adopt Flag Day as an annual holiday. In 1891 Flag Day celebrations were held in Philadelphia, Pennsylvania, at the former home of Betsy Ross, the reputed designer of the first American flag. In 1894 the governor of New York ordered the American flag be displayed at all public buildings in the state on June 14. Thereafter, many state and local governments began observing Flag Day.

President [Woodrow Wilson](#) proclaimed the first nationwide Flag Day in 1916. In 1947 President [Harry S. Truman](#) signed legislation requesting that National Flag Day be observed annually. Although Flag Day is informally observed throughout the United States, it is a legal holiday only in Pennsylvania.

FATHER'S DAY

The United States is one of the few countries in the world that has an official day on which children honor their fathers. On the third Sunday in June, fathers all across the United States are given presents, treated to dinner or otherwise made to feel special.

The origin of Father's Day is not clear. Some say it began with a church service in West Virginia in 1908; others say the first Father's Day ceremony was held in Vancouver, Washington.

The president of the Chicago branch of the Lions' Club, Harry Meek, is said to have celebrated the first Father's Day with his organization in 1915; and the day they chose was the third Sunday in June, the closest date to Meek's own birthday!

Regardless of when the first true Father's Day occurred, the strongest promoter of the holiday was Mrs. Bruce John Dodd of Spokane, Washington. Mrs. Dodd felt she had an outstanding father. He was a veteran of the Civil War; his wife had died young, and he had raised six children on his own.

In 1909, Mrs. Dodd approached her own minister and others in Spokane about having a church service dedicated to fathers on June 5, her father's birthday. That date was too soon for her minister to prepare the service, so he spoke a few weeks later on June 19th. From then on, the state of Washington celebrated the third Sunday in June as Father's Day. Children made special desserts, or visited their fathers if they lived apart.

States and organizations began lobbying Congress to declare an annual Father's Day. In 1916 President Woodrow Wilson approved of this idea, but it was not until 1924 when President Calvin Coolidge made it a national event to "establish more intimate relations

between fathers and their children and to impress upon fathers the full measure of their obligations." Since then, fathers had been honored and recognized by their families throughout the country on the third Sunday in June.

When children can't visit their fathers or take them out to dinner, they send greeting cards. Traditionally, fathers prefer greeting cards that are not too sentimental. Most greeting cards are whimsical so fathers laugh when they open them. Some give heartfelt thanks for being there whenever the child needed Dad.

CARIBBEAN AMERICAN HERITAGE MONTH

Caribbean American Heritage Month was first proclaimed in 2006 by President George W. Bush, who said in his proclamation " . . . We celebrate the great contributions of Caribbean Americans to the fabric of our Nation, and we pay tribute to the common culture and bonds of friendship that unite the United States and the Caribbean countries. . . . For centuries, Caribbean Americans have enriched our society and added to the strength of America. They have been leaders in government, sports, entertainment, the arts, and many other fields. . . . We are united by our common values and shared history, and I join all Americans in celebrating the rich Caribbean heritage and the many ways in which Caribbean Americans have helped shape this Nation."

Some notable Americans of Caribbean descent include the first Secretary of the Treasury, Alexander Hamilton; former Secretary of State Colin Powell; Malcolm X; Marcus Garvey; Shirley Chisholm; Sidney Poitier and Roberto Clemente.

GAY AND LESBIAN PRIDE MONTH

On June 11, 1999, President William J. Clinton issued a presidential proclamation designating June as Gay and Lesbian Pride Month to mark the thirtieth anniversary of the Stonewall Uprising and the birth of the modern gay and lesbian civil rights movement. In that proclamation, the

president said, "...Since our earliest days as a nation, Americans have strived to make real the ideals of equality and freedom so eloquently expressed in our Declaration of Independence and Constitution. We now have a rare opportunity to enter a new century and a new millennium as one country, living those principles, recognizing our common values, and building on our shared strengths. I encourage all Americans to observe this month with appropriate programs, ceremonies, and activities that celebrate our diversity, and to remember throughout the year the gay and lesbian Americans whose many and varied contributions have enriched our national life."

The International Pride Theme for 2009 is "Your Rights, Our Rights, and Human Rights."

UPCOMING LOCAL EVENTS:

The Asian Pacific Event for NASA-KSC was postponed from last week. I will let you know when it is rescheduled.

The BEST BBQ will be on June 12, 2009 at 3-6 p.m. at KARS 1. Please buy your tickets early.

Sunshine Committee, May 2009

Barbara Powell, Sunshine Chair

I'm your Sunshine Chair, so please contact me at 504-6086 or email me at noahsark@cfl.rr.com if you are aware of any of our members that need our thoughts and prayers, i.e. extended illnesses, hospital stays, or news that deserve our best wishes. I would especially like to get an accurate list of birthdays, so if your birthday has been omitted from the list below, please let me know.



Happy Birthday!

HAPPY BIRTHDAY TO:

Cassandra Getter **6/7**
Ana Contreras **6/24**

MEMBERSHIP

Becky Fasulo, VP for Membership

Thank you to all of the members who have shown their commitment to FEW and the Space Coast Chapter by renewing their dues. Time is running out if you have not renewed. After June 1, you will have to rejoin as a new member. You can either go online and renew or send the invoice with your check. If your renewal date is March 1 and you have not received an email, please contact me and I will help you.

Also, please log on to www.few.org to update your personal information. This is very important so that Federally Employed Women will have your most current information. Any questions or concerns, please contact me either at beckyjf@yahoo.com or fewvpmco@yahoo.com or 321-636-8525

BAXLEY MANOR

Submitted by Cassandra Getter

This month we were able to purchase the following with the money that was donated:

- Case of toilet paper
- 9 boxes of tissues
- 6 rolls paper towels
- 2 180-ct napkins
- 4 boxes laundry detergent
- 4 boxes fabric softener sheets
- 4 dish detergents
- 3 room deodorizers
- 6 2-ltr sodas
- 4 regular and 4 decaf instant coffee
- 6 large jars coffee creamer
- 2 boxes denture tablets
- 2 tubes denture adhesive
- 4 tubes toothpaste
- 2 cans shave cream
- 4 bottles shampoo

- 4 men's and 2 ladies deodorant
- pudding cups, cookies, crackers, and canned sausages

Next month, as hurricane season starts, we need to furnish:

Flashlight batteries (sizes C and D), and foods that can be stored in case the Meals on Wheels organization are unable to deliver the lunch meals. This occurred a couple of years ago.

The **19th of June** has been designated as delivery day for Baxley Manor. For those of you not familiar with Baxley Manor, the people we serve there are mostly elderly or disabled. I am sure that all of you recognize we are in hard times and these people, for the most part, survive on food stamps. Food stamps do not cover anything of a personal nature and we try to fill that gap. We hope that you can help by making any small donation that you can. Any help that you give monetarily or otherwise will be greatly appreciated. The monetary contributions that you make are used to buy food and personal items for these residents. My mail code is NE-E8. Thanks so much for making a difference!!

I am coordinating the contribution for Baxley Manor here on Center with the help of some other very kind ladies. Valarie Franklin in O&C 1020, Sandy Eliason in LCC 4P23, Jan Hall in the Logistics Building 2610A, Carol Moore HQ 3490, Ana Contreras HQ 3531F and Charmel Jones O&C 1073M2 can take your contributions and items. I am in EDL 2134 and can coordinate a pick up from you if you call or email me. For those of you off Center, please call Aneta Ott (452-4917) or myself (867-6951) to arrange for pickup of any items you would like to donate.

Here is the list of suggested items:

Food Items

Small cans of vegetables & fruits
Jell-O & pudding snacks
Graham crackers, Saltine crackers
Any meat or meal in a can with the flip top lid or non refrigerated package
Lunch meats, tuna, Spam, chicken, Vienna sausage, ham, deviled ham, Sardines, beef stew

Personal Items

Paper products: Q-tips, facial tissue & toilet tissue (packages of 4 rolls)
Toothbrush, toothpaste, mouthwash
Hand lotion, hair spray, mousse or gel, comb/brush
Razor, Nail files, clippers, Socks, stockings,

earrings
Reading material such as books or magazines
Thanks again for your support of this worthy cause.

NTP SCHOLARSHIP



Marlene Satterthwaite, President

CONGRATULATIONS to Joette Feeney who has been awarded a 2009 NATIONAL TRAINING PROGRAM (NTP) Scholarship. As a scholarship recipient, the FEW National organization will fund her NTP registration, travel and lodging expenses in Orlando, FL. Way to go, Joette!

Say No With a Smile

Joy Browne, PhD

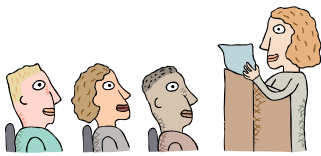
From 4/17/09, Bottom Line Secrets

Submitted by Karin Biega

Many women have trouble saying *no*. Perhaps, deep down, we still believe we must be good little girls, compliant and charming, so people will love us. But, when we're pushovers, others take us for granted -- and we feel resentful. Here's how to stop being a martyr without giving offense.

- Sleep on it. Your nephew asks for a loan. If you're not sure how to respond, instead of agreeing now and kicking yourself later, say, "I'll get back to you." Take time to decide whether you have the means and the desire to comply, then give your answer.
- Suggest an alternative. Suppose a friend invites you over for a holiday cookie-baking marathon. A lame excuse ("Sorry, I... um... have to bathe the cat") may insult her. Instead, be honest -- "I'd love to see you, but I'm dieting. Can we take a walk together instead?"
- Set limits. If charity work eats up family time, for instance, resolve to volunteer only a certain number of hours. Once those hours are booked, decline all additional requests.
- Remember that *yes* rhymes with *stress*. If you agree to a task and then can't follow through, it's worse for

everyone than if you had just said no from the get-go. It's far harder to change a yes to a no than it is to change a no to a yes.



PROGRAMS

Teresa Jean Piastuch, VP for Programs

June 10 FEW Meeting Features Social Security Speaker

Wednesday, June 10, 2009, the Space Coast Chapter of Federally Employed Women (FEW) will have a Program Meeting at the European Corner Restaurant; 777 Merritt Island Causeway (Merritt Square Shopping Center) phone number, 459-0101. Assemble between 4:30 – 5:00pm. Program to begin at 5:15 pm.

Our guest speaker, Lyn Baker from the Melbourne Social Security Office, will speak on Social Security, Medicare and many items of interest that affect future income and benefits.

As customary, this meeting is open to non FEW members. Current FEW members will be treated to dinner. CSRS employees may be interested in this presentation as to how it can affect their spouses and/or other relatives. Please join us for an informative and opportunity networking.

RSVP by June 5 by contacting Marlene Satterthwaite at 433-2878 (home) Mbsatt44@aol.com or Teresa Jean Piastuch at 861-2022 (work), 631-8788 (home), 536-9473 (cell), biteleja@bellsouth.net, tj.piastuch-2@ksc.nasa.gov.

NASA News & Events

Submitted by Vickie Hall



Space shuttle Atlantis landed at Edwards Air Force Base in California on Sunday, May 24 at 11:39 a.m. EDT, completing a 13-day journey of approximately 5.3 million miles in space.

Space shuttle Atlantis lifted off from KSC on May 11. During the mission, astronauts performed five challenging spacewalks over five consecutive days, improving Hubble's discovery power by 10 to 70 times and extending the 19-year-old observatory's lifespan by at least five more years.

The crew of space shuttle mission STS-125 gathered on the runway after Atlantis landed. From left are Mike Massimino, Greg Johnson, Scott Altman, Megan McArthur, John Grunsfeld, Andrew Feustel and Michael Good.



National Sponsorship Committee

Submitted by Vickie Hall

Jean Grenville and I serve on the National Sponsorship Committee and one of our roles is to get outside companies and organizations to sponsor particular FEW events (either partially or totally). Our focus most recently has been to get sponsors for the National Training Program (NTP) to be held in Orlando, July 20 – 24, 2009.

Many of our sponsors include: Blue Cross Blue Shield; Federal Long Term Care Ins. Co; USDA; GEICO; Tri Star Engineering; SAIC; American Management Association; DCG Technology; Shaw, Bransford, Veilleux & Roth; Center for Nonprofit Advancement; US Department of Veterans Affairs; as well as our NCEP Partners: Blacks In Government (BIG); Federal Asian Pacific Council (FAPAC); National IMAGE; Society of American Indian Government Employees (SAIGE). Some of these sponsors pay for specific keynote speakers, others offer

training during our NTP event, and then there are others such as Shaw, Bransford, Veilleux & Roth, who offer members free legal consultation.

This year we are also hosting a golf tournament on Saturday, so we are looking for some door prizes for the golf tournament as well as prizes for the Exhibit Hall. So, if you own a company or know of anyone who might be interested in sponsoring any portion of any NTP event or donating prizes, please have them visit the FEW website at <http://www.fewntp.org/sponsorship.htm> or they can contact Jean or me directly to see how they can become involved.

As you can imagine, it's very costly to sponsor a week-long event such as the NTP with food functions, awards, etc., and without the aid of our sponsors, registration fees would be out-of-sight. So we are very grateful to all our sponsors and friends of FEW.

For Your Health

Submitted by Vickie Hall

A New Influenza Virus

Novel influenza A (H1N1) is a new flu virus of swine origin that was first detected in April, 2009. The virus is infecting people and is spreading from person-to-person, sparking a growing outbreak of illness in the United States. An increasing number of cases are being reported internationally as well.

It's thought that novel influenza A (H1N1) flu spreads in the same way that regular seasonal influenza viruses spread; mainly through the coughs and sneezes of people who are sick with the virus.

It's uncertain at this time how severe this novel H1N1 outbreak will be in terms of illness and death compared with other influenza viruses. Because this is a new virus, most people will not have immunity to it, and illness may be more severe and widespread as a result. In addition, currently there is no vaccine to protect against this novel H1N1 virus. CDC anticipates that there will be more cases, more hospitalizations and

more deaths associated with this new virus in the coming days and weeks.

The CDC has provided guidance for the public on what to do if they become sick with flu-like symptoms, including infection with novel H1N1. CDC also has issued instructions on taking care of a sick person at home. Novel H1N1 infection has been reported to cause a wide range of symptoms, including fever, cough, sore throat, body aches, headache, chills and fatigue. In addition, a significant number of people also have reported nausea, vomiting or diarrhea. Everyone should take everyday preventive actions to stop the spread of germs, including frequent hand washing and people who are sick should stay home and avoid contact with others in order to limit further spread of the disease.

CDC has developed a PCR diagnostic test kit to detect this novel H1N1 virus and has now distributed test kits to all states in the U.S. and the District of Columbia and Puerto Rico. The test kits are being shipped internationally as well. This will allow states and other countries to test for this new virus. This increase in testing will likely result in an increase in the number of confirmed cases of illness reported. This, combined with ongoing monitoring through Flu View should provide a fuller picture of the burden of disease in the United States over time.

Article excerpt from:
<http://cdc.gov/h1n1flu/update.htm>

Something to Think About Submitted by Vickie Hall

I discovered I always have choices and sometimes it's only a choice of attitude.

-- Judith M. Knowlton

Advice is what we ask for when we already know the answer but wish we didn't.

--Erica Jong

You cannot control the world outside, but you can choose what you will bring into yourself. If you do not see anything of value in your life, begin

by finding one thing of beauty every day until it becomes a habit.
--Ron Rathbun

Staring into the Abyss

Submitted by Clara Anderson

I have come this far and there's no turning back. I face my challenges head on and know this is the time for me to believe in who I am and what I can do. I ask spirit to help guide me to make the best decisions. I now rely on intuition, not logic, and I am grateful for knowing the value of both.
 --The Women's Book of Empowerment, Charlene M. Proctor, PhD

TRIVIA

Submitted by Barbara Powell

Q: Why are many coin banks shaped like pigs?

A: Long ago, dishes and cookware in Europe were made of a dense orange clay called "pygg." When people saved coins in jars made of this clay, the jars became known as "pygg banks." When an English potter misunderstood the word, he made a bank that resembled a pig. And it caught on.

Q: Did you ever wonder why dimes, quarters and half dollars have notches, while pennies and nickels do not?

A: The US Mint began putting notches on the edges of coins containing gold and silver to discourage holders from shaving off small quantities of the precious metals. Dimes, quarters and half dollars are notched because they used to contain silver. Pennies and nickels aren't notched because the metals they contain are not valuable enough to shave.

Q: Why do men's clothes have buttons on the right while women's clothes have buttons on the left?

A: When buttons were invented, they were very expensive and worn primarily by the rich. Because maids dressed wealthy women, dressmakers put the

buttons on the maid's right. Since most people are right-handed, it is easier to push buttons on the right through holes on the left. And that's where women's buttons have remained since. Now I get it; all I need a maid!

Q: Why do X's at the end of a letter signify kisses?

A: In the Middle Ages, when many people were unable to read or write, documents were often signed using an X. Kissing the X represented an oath to fulfill obligations specified in the document. The X and the kiss eventually became synonymous.

Q: Why is shifting responsibility to someone else called "passing the buck"?

A: In card games, it was once customary to pass an item, called a buck, from player to player to indicate whose turn it was to deal. If a player did not wish to assume the responsibility, he would "pass the buck" to the next player.

Q: Why do people clink their glasses before drinking a toast?

A: It used to be common for someone to try to kill an enemy by offering him a poisoned drink. To prove to a guest that a drink was safe, it became customary for a guest to pour a small amount of his drink into the glass of the host. Both men would drink it simultaneously. When a guest trusted his host, he would then just touch or clink the host's glass with his own.

Q: Why are people in the public eye said to be "in the limelight"?

A: Invented in 1825, limelight was used in lighthouses and stage lighting by burning a cylinder of lime which produced a brilliant light. In the theater, performers on stage "in the limelight" were seen by the audience to be the center of attention.

Q: Why do ships and aircraft in trouble use "mayday" as their call for help?

A: This comes from the French word m'aidez--meaning "help me"--and is pronounced "mayday."

Q: Why is someone who is feeling great "on cloud nine"?

A: Types of clouds are numbered according to the altitudes they attain, with nine being the highest cloud. If someone is said to be on cloud nine, that person is floating well above worldly cares.

Q: Why are zero scores in tennis called "love"?

A: In France , where tennis first became popular, a big, round zero on scoreboard looked like an egg and was called "l'oeuf," which is French for "egg." When tennis was introduced in the US, Americans pronounced it "love."

Q: In golf, where did the term "Caddie" come from?

A. When Mary, later Queen of Scots, went to France as a young girl (for education & survival), Louis, King of France, learned that she loved the Scot game "golf." So he had the first golf course outside of Scotland built for her enjoyment. To make sure she was properly chaperoned (and guarded) while she played, Louis hired cadets from a military school to accompany her. Mary liked this a lot and when she returned to Scotland (not a very good idea in the long run), she took the practice with her. In French, the word cadet is pronounced 'ca-day' and the Scots changed it into "caddie."

Today

Submitted by Marlene Satterthwaite



*Today, I will delete from my journal
two days: yesterday and tomorrow.
Yesterday was to learn from*

*and tomorrow...well that will be the
consequence of what I can do today.*

*Today, I will face life with the sure
knowledge that this day will never return.*

*Today, is the last opportunity
I have to live intensely,
as no one can assure me
that I will see tomorrow's sunrise.*

*Today, I will be brave enough
not to let any opportunity pass me by,
my only alternative is to succeed.*

*Today, I will invest my most
valuable resource: my time
in the most transcendental work: my life.*

*Today, I will spend each minute
passionately, to make today a different
and unique day in my life.*

*Today, I will defy every obstacle that
appears on my way, trusting I will succeed.*

*Today, I will resist pessimism, and will
conquer the world with a smile and a
positive attitude of always expecting the
best.*

*Today, I will make of every ordinary
task a sublime expression.*

*Today, I will have my feet on the ground
understanding reality and the stars'
gaze and thus will invent my future.*

*Today, I will take the time to be happy
and will leave my footprints and my
presence in the hearts of others, not just in
the sands of time.*

*Today, I invite you to begin a new
Season where we can dream that everything
we undertake
is possible. And we fulfill that dream, with
joy and dignity.*

*Today, why not perform a random act of
kindness...?*

*And, if there are those that you love, tell
them. You don't know when it might be
your last opportunity.
Tell them....Today!*





2010 South East Regional Training Program (RTP)

Submitted by Jean Grenville

A flyer is available at www.few.org for the 2010 SE RTP with the following information:

FEB 10-12, 2010
HAMPTON INN
PENSACOLA BEACH, FL

Go to www.pensacola.few.org for updates

Room Cost per Night
Sound Side \$99 Gulf Side \$107

Reserve your room now!
Call 800-320-8108 & ask for group reservations

The hotel will extend the RTP group rate through Saturday night, February 13, 2010. Mardi Gras Parades will be held on Pensacola Beach during the weekend

RTP Hosted by The Pensacola Area Chapter of FEW

Contact

Lamar Anglin, RTP Co-Chair: 850-345-2284
lamar.anglin@joaptsc.gov,
Pam Smith, RTP Co-Chair: 850-623-7767,
Pamela.s.smith@navy.mil



FATHER'S DAY!

Marlene Satterthwaite, President

The Space Coast Chapter does have one member who we can extend this greeting.... Happy Father's Day -- Lenny Fasulo! Of course, this also applies to all members' fathers, husbands, grandfathers and godfathers – hope you enjoy your special day with your loved ones!

Newsletter

Jean Grenville & Karin Biega

Thank you, Space Coast Chapter members for your many inputs this month. It really helps! This monthly publication is a means of sharing information and ideas with members and friends. We ask that each officer and committee chair submit articles as applicable for their office and committee. Articles should be sent to Jean Grenville at jeangrenville@aol.com and Karin Biega at Karin@bocabanana.com by the last Monday of each month. Please feel free to share this newsletter with others. If you are interested in joining this vital organization, go to www.few.org and join on-line.

And, oh yes, it is time to remind you about those member biographies. We would love to know more about all of you. Some things to think about for inclusion in your mini biography are:

Full Name (any childhood nick names you want to tell us about!)

How long have you been a member of FEW?

Where were you born?

Educational background, i.e. degrees, name or school/college

Where and when did you begin your professional career?

Present Employer

Length of Time Employed

Other offices where you have been employed

Brief description of current job and title

Marital status (only if you want to discuss it!)

Children/Grandchildren

Hobbies

Aspirations

Other activities that you are involved in, i.e., church, other outside organizations, etc.

Awards you have received that you are especially proud of

A BLAST FROM THE PAST:

NTP - 1993



July 20-24 August NTP 2009 – Orlando, FL Chapter Retreat

27 Newsletter articles due

Future

Sept 16-20 Retreat

Feb 10-12, SE RTP, Pensacola, FL

**SPACE COAST CHAPTER, FEW
2008 - 2010
Officers and Committees**

Chapter

- President Marlene Satterthwaite
- VP for Programs Teresa Jean Piastuch
- VP for Membership Becky Fasulo
- Treasurer Johanna Velasquez
- Secretary Cassandra Getter
- Nominations Officer Aneta Ott
- Immediate. Past President Sandra Eliason
- Compliance Connie Dobrin
- Diversity Charlotte Becker
- Legislative Connie Dobrin
- Annual Training Program Past Presidents Task Force, Vickie Hall, Lead Karin Biega
- Finance Joette Feeney
- Scholarships K. Biega/Jean Grenville
- Newsletter Editor Clara Anderson
- Parliamentarian Martha Carroll
- Environmental Vickie Hall/Ana Contreras
- Community Outreach Barbara Powell
- Sunshine Muzette Fiander
- Historian Debbie Ward
- Webmaster

Regional

- Asst Regional Manager Barbara Powell
- Compliance Vickie Hall
- Nominations Connie Dobrin
- Awards Marlene Satterthwaite
- Secretary Jean Grenville

National

- VP for Mbrship & Chapters Becky Fasulo
- Bylaws & Resolutions Karin Biega
- 2009 NTP Finance Chair Clara Anderson

Calendar of Events

June

10 June Program Meeting
European Corner Restaurant
Merritt Square Mall

12 BEST BBQ – KARS PARK
3-6 pm

19 Delivery to Baxley Manor

29 Newsletter articles due

July

TBD Delivery to Baxley Manor