



# A VIEW FROM FEW

AN ORGANIZATION FOR OPPORTUNITY AND EQUALITY  
FOR WOMEN IN GOVERNMENT

Space Coast Chapter, Kennedy Space Center, FL

October, 2001

**SPACE COAST CHAPTER, FEW  
2001 – 2002  
Officers and Committees**

President	Connie Dobrin
Finance	Karin Biega
Newsletter	Sharon White
NTP/RTP Planners	Barb Powell/Dawn Partlow
Nominations	Arden Belt
Parliamentarian	Carolyn Burnham
President Elect	Barbara Powell
Seminar	Becky Fasulo
Compliance/Diversity	Sue Gaines
Webmaster	Debbie Ward
Vice President	Dawn Partlow
Programs/Publicity	Jean Grenville
Community Outreach	Aneta Ott/Patti Rissman
Bylaws	To Be Assigned
Treasurer	Valarie Franklin
Membership	Clara Anderson
Environmental	Valarie Franklin
Sunshine	Christy Vanasse
Secretary	Suzanne Worland
Scholarships	Jane Eitel
Legislation	Vickie Hall
Historian	Carolyn Burnham
Past President	Aneta Ott
National Legal Chair	Karin Biega
NTP 2002 Chair	Clara Anderson
Regional Awards	Becky Fasulo
Regional Nominations	Jane Eitel
Regional Legislation	Vickie Hall



This Newsletter is dedicated to the innocent who perished on September 11, 2001, to their family and friends, to the heroes who continue the grueling work each day, and to the generous people who have made

donations.

## PRESIDENT'S MESSAGE Connie Dobrin



September 11, 2001, will never be forgotten. As Americans we must return to our normal lives. This is easier said than done.

Authorities now believe that suspects in the terrorist attacks utilized e-mail as a fast and convenient communication technique. Hundreds of subpoenas have been issued, and computers have been seized. All of us need to scrutinize our e-mails. If any e-mails are received that are suspicious, we should e-mail KSC security at "Abuse Reporting."

It is imperative that all Americans be alert to suspicious activity. Living in a free society, we turn our backs on behavior that we dislike. The World Trade Center terrorist attacks must serve as a warning. All Americans have a responsibility to report suspicious behavior.

Our next meeting is scheduled for October 23rd. Our speaker will be Jerry Jargrowski, whose wife is the President of the League of Women Voters. That definitely makes him a special person. We will meet in the social hall of my home at 102 Riverside Drive, Cocoa. Directions and a map will follow. Arden and I will be preparing the food. However, we will accept help from anyone who desires to cook, bake, brew... PLEASE PLAN ON ATTENDING AND BRING YOUR FRIENDS!

## TRIBUTE TO THE UNITED STATES

Widespread, but only partial news coverage, was given recently to a remarkable editorial broadcast from Toronto by Gordon Sinclair, a Canadian television commentator. What follows is the full text of his trenchant remarks as printed in the Congressional Record

"This Canadian thinks it is time to speak up for the Americans as the most generous and possibly the least appreciated people on all the earth. Germany, Japan and, to a lesser extent, Britain and Italy were debris of war by the Americans who poured in billions of dollars and forgave other billions in debts. None of these countries is today paying even the interest on its remaining debts to the United States. When the France was in danger of collapsing in 1956, it was the Americans who propped it up, and their reward was to be insulted and swindled on the streets of Paris. I was there. I saw it. When earthquakes hit distant cities, it is the United States that hurries in to help. This spring, 59 American communities were flattened by tornadoes. Nobody helped. The Marshall Plan and the Truman Policy pumped billions of dollars into discouraged countries. Now newspapers in those countries are writing about the decadent, warmongering Americans. I'd like to see just one of those countries that is gloating over the erosion of the United States dollar build its own airplane. Does any other country in the world have a plane to equal the Boeing Jumbo Jet, the Lockheed Tri-Star, or the Douglas DC10? If so, why don't they fly them? Why do all the International lines except Russia fly American Planes? Why does no other land on earth even consider putting a man or woman on the moon? You talk about Japanese technocracy, and you get radios. You talk about German technocracy, and you get automobiles. You talk about American technocracy, and you find men on the moon - not once, but several times - and safely home again. You talk about scandals, and the Americans put theirs right in the store window for everybody to look at. Even their draft-dodgers are not pursued and hounded. They are here on our streets, and most of them, unless they are

breaking Canadian laws, are getting American dollars from ma and pa at home to spend here. When the railways of France, Germany and India were breaking down through age, it was the Americans who rebuilt them. When the Pennsylvania Railroad and the New York Central went broke, nobody loaned them an old caboose. Both are still broke. I can name you 5000 times when the Americans raced to the help of other people in trouble. Can you name me even one time when someone else raced to the Americans in trouble? I don't think there was outside help even during the San Francisco earthquake. Our neighbors have faced it alone, and I'm one Canadian who is damned tired of hearing them get kicked around. They will come out of this thing with their flag high. And when they do, they are entitled to thumb their nose at the lands that are gloating over their present troubles. I hope Canada is not one of those." Stand proud, America!

## MEMBERSHIP COMMITTEE **Clara Anderson**

We are truly glad to have our members suppose our Chapter and if anyone has any questions, call Clara Anderson at: 321-639-3154 (voice); 321-638-4228 (fax) or E-mail [cmanderson8@cfl.rr.com](mailto:cmanderson8@cfl.rr.com)

## Did You Know?

Washing your hands with sudsy soap and hot water removes 99% of all bacteria. Cleaning kitchen or bathroom areas with vinegar or bleach also removes up to 99% of all bacteria. Special antibacterial products are NOT necessary for either your hands or your countertops.

The Social Security Administration has created a new website for women, [www.ssa.gov/women](http://www.ssa.gov/women), that provides information on retirement, disability and other issues in English and Spanish.

The site is designed to help educate working women, divorced women, caregivers, beneficiaries and widows about benefits tied to

their situations.

Users can calculate their own estimated retirement benefits as well as disability and survivor benefits. The site offers instructions on how to apply and qualify for benefits.

### **PROGRAM COMMITTEE**

**Jean Grenville**

The September Business Meeting and the 23<sup>rd</sup> Annual Training Seminar meeting were held on Tuesday, September 25, 2001 at 4:30 p.m. at Kelsey's in Port St John.

President, Connie Dobrin, conducted the business meeting. We discussed the Make A Difference Day Project on Saturday, October 27, 2001. The Habitat for Humanity Project has as many people as they need to help build the house, but the chapter could assist on painting and cleanup. Aneta Ott will check on some other projects and bring them back to the membership for review. Dawn Partlow and Vickie Hall will lead the Salvation Army Christmas Stocking Project.

The next meeting of the chapter and the next seminar meeting will be held in the activity room of Connie Dobrin's condominium at 5:00 p.m. on Tuesday, October 23. Barbara Jagrowski of the League of Women Voters will present charters to review that will be on the November ballot.

A 50-50 raffle was conducted and won by Aneta Ott who donated her share to Baxley Manor.

Other activities coming up in the next few months are:

- November Teddy Bear Tea
- November Chapter and Seminar Meeting (Nov 27 tentatively)
- Annual Chapter Christmas Party (Dec 11 tentatively)
- Salvation Army Stocking Stuffing
- Christmas Angel Wishes for Baxley Manor

Following the business meeting, Becky Fasulo, Seminar Chair, led a meeting for the 23<sup>rd</sup> Annual Training Seminar.



**SUNSHINE**  
Christy Vanasse

The following members have birthdays this month:

10/02	Patricia Leonard
10/05	Marlene Satterwaite
10/07	Sandra Gates
10/12	Janice Everett
10/28	Carole McCline

If you are not listed on the Birthday list, it's because we do not have your birthday in our books, please send an e-mail to Christy Vanasse with the day so that we can honor you on your special day.  
[Christy.Vanasse-1@ksc.nasa.gov](mailto:Christy.Vanasse-1@ksc.nasa.gov)

**Happy Birthday!**

### **GOVERNMENT NEWS & LEGISLATION**

**Vickie Hall**



Space Coast Chapter of FEW wishes to extend our deepest condolences to all those who have been affected by last week's senseless acts in New York City, NY, Arlington, VA, and Stony Creek Township, PA. FEW would also like to pay tribute to the many public servants who have rushed to the aid of victims. There has been no shortage of heroes in the face of these tragedies.

**DOD RELEASES NAMES OF THOSE MISSING FROM PENTAGON ATTACK**

Last Thursday, the Navy released the names of 33 sailors and nine civilian employees who remain missing in the aftermath of the terrorist attack on the Pentagon. The Navy list is posted on the Web at [http://www.defenselink.mil/news/Sep2001/b09132001\\_bt423-01.html](http://www.defenselink.mil/news/Sep2001/b09132001_bt423-01.html).

The same day, the Department of Defense announced a partial list of names of the approximately 126 persons who are missing after Tuesday's attack on the Pentagon.

Click on [http://www.defenselink.mil/news/Sep2001/b09132001\\_bt423-01.html](http://www.defenselink.mil/news/Sep2001/b09132001_bt423-01.html) to view those names. The Army is expected to release a list of its missing personnel shortly.

**EEOC DISTRICT OFFICE DESTROYED IN WORLD TRADE CENTER ATTACK**

The New York District Office of the U.S. Equal Employment Opportunity Commission (EEOC), located on the 18th floor of the World Trade Center, was destroyed when the structure collapsed Tuesday. All EEOC district office personnel were safely evacuated before the collapse of the building. In the wake of the tragedy, the agency has established a task force to coordinate and provide services from EEOC's Washington headquarters to New York. EEOC is also working with the General Services Administration to find alternative work sites for the agency's New York employees, and is coordinating with OPM to establish counseling services for employees. EEOC New York office director Spencer Lewis reports that while all agency staff are accounted for and physically safe, the "emotional toll is unimaginable" for many of the EEOC workers who witnessed the tragedy.

**OPM INSTITUTES HIRING AUTHORITY FOR EMERGENCY NEEDS**

OPM has granted special hiring authority to Federal agencies in immediate need of additional or special staff in the aftermath of last week's terrorist attacks.

Under the emergency hiring authority, Federal managers can fill positions affected by the attacks using excepted appointments, which are excluded from competitive civil service procedures.

In a memo issued to agency heads, OPM Director Kay Coles James also reminded agencies that they can bring back retired Federal employees and former workers who left the government under buyout programs to assist with emergency personnel needs. Under normal circumstances, re-employed Federal retirees are required by law to take a reduction in pay or benefits if they want to return to government, but managers can request that this reduction in pay be waived. OPM is prepared to give agency heads the authority to grant waivers, and will respond to such requests immediately.

In addition, certain statutes governing buyouts state that if employees who accept buyouts return to the government within five years, they must repay the entire amount of the buyout. Agency heads can request that these repayments be waived for personnel who are the "only qualified applicants available for the positions and possess expertise and special qualifications to replace persons lost in the tragedies or to provide direct support in the rescue, recovery, investigatory and other phases related to the tragedies," according to the memo.

Among the options available to Federal managers for filling urgent needs with excepted service appointments are:

Temporary emergency need: Individuals may be appointed for up to one year; 30-day critical need: Individuals may be appointed for 30 days and the appointment can be extended for an additional 30 days. Under the law, an agency may not employ the same individual under this authority for more than 60 days in any 12-month period.

These options are explained in Title 5, Chapter 1, Part 213 of the U.S. Code of Federal Regulations.

**CONGRESS AGREES TO PROVIDE \$40 BILLION IN EMERGENCY FUNDS**

Congress overwhelmingly approved a \$40 billion emergency supplemental measure to respond to last week's terrorist attacks.

The Senate passed the bill on a 96-0 vote, with the House following suit with a 422-0 vote. Of the \$40 billion, \$20 billion is available up front, with the first \$10 billion to go for Federal, state and local preparedness, counter-terrorism, transportation security, public facilities and transportation system repairs, and national security.

The second \$10 billion could come as early as 15 days after the Office of Management and Budget submits a detailed spending plan to the Appropriations Committees, while the final \$20 billion is to be obligated "only when enacted in a subsequent emergency appropriations bill."

It also requires that at least half of the \$40 billion be for "disaster recovery and assistance related to the terrorist acts in New York, Virginia and Pennsylvania." OMB also must report quarterly to the Appropriations Committees on how the money is being spent.

**Question of the Month**

Did you know what to do if your purse is stolen?

*Cancel credit cards immediately AND contact the three national credit-reporting organizations to have them immediately place a fraud alert on your credit file. Without this a thief may apply for, and get, new credit in your name.*

Contact: Equifax, 800-525-6285, [www.equifax.com](http://www.equifax.com)....Experian, 888-397-3742, [www.experian.com](http://www.experian.com)....TransUnion, 800-680-7289, [www.transunion.com](http://www.transunion.com)

*Also, report stolen Social Security cards to the Fraud Line at the SSA, 800-269-0271, [www.ssa.gov](http://www.ssa.gov)*

**2002 FEW National Training Program (NTP) Magic and Space - Dreams in Progress**

*Clara Anderson*

After our September 18 meeting, it was decided a smaller group will work much easier reviewing and selecting speaker proposals. We will be meeting with FEW National President Jeni Bungert on October 5th to review where we are with selection of keynote speaker for both opening and closing sessions, pre-conference and general session workshops, and diversity luncheon. Jean Grenville, the Training Team Leader, has organized the more than 100 workshop proposals. We have a great of workshops.

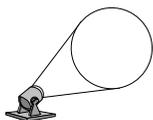
Vivian Delgado, our Convention Services Manager from the Rosen, was promoted and has moved on. Crystal Grice is our new Manager. I've been in touch with her and will be meeting her on October 5th. We are receiving regular reports from the Rosen on hotel reservations for our NTP.

We have selected a company for our convention bags and are currently working with the NTP Advisory Team and Jeni to determine the number of bags we need. At the 2001 NTP only general session attendees received the bag, but we feel all attendees should receive a bag. By ordering early, we can save \$2.00+ per bag. Aneta Ott, Barbara Powell and I attended the Southern Women's Conference on September 28th looking for new and exciting exhibitors. Barbara must have talked to nearly every exhibitor there. Needless to say, we have quite a few new contacts.

Debbie Ward, our local chapter web master, has designed a great looking web site for the 2002 NTP. Dawn Nester, the FEW National web master will try to have it linked from the National web site by 10/5/01. So check it out at [www.ksc.nasa.gov/groups/few/](http://www.ksc.nasa.gov/groups/few/) or [www.few.org](http://www.few.org). I wanted to add a note I received from Dawn. "On a personal note, I want to add my "thank you," too, for all the work you and your committee will be doing to prepare for another NTP. I have been involved in putting on NTP's here in the Washington, DC, area and know first-hand how much work goes into an

NTP...both up front and behind-the-scenes. You and your committee are to be commended for taking on this challenge. And, I hope you and your committee know that all the members of FEW, whether we get to attend or not, are appreciative of your collective effort to pull the NTP together for our benefit. Thanks for a GREAT job." Let me add my thanks for all our efforts so far and for what's to come the next 10 months.

Our next meeting is on October 16 at 4:30pm in the CIAO bldg, on SR 3, just outside the gate.



**"Prelude to 2002  
Magic & Space - Dreams in Progress"  
23<sup>th</sup> Annual Seminar**

**March 6 and 7, 2002  
Holiday Inn, Cocoa Beach  
Becky Fasulo, Chair**

We had a meeting on September 25 at Kelsey's in Port St. John. Things are really coming together. Jean Grenville, as usual, has been busy contacting the speakers. She has all the slots filled with exciting topics and excellent speakers. She is sending out the contracts. We are moving the registration table to the upstairs in the open area. This will get the folks upstairs to the exhibits. The FWPWG is contacting Andrea Shea King to be the lunchtime speaker. Her theme will be centered around the Women's History Month.

Our next meeting will be combined with the monthly Chapter Business meeting, which will be held at Connie Dobrin's condo in Cocoa on Tuesday, October 23 starting at 5:00. Please plan on attending and getting involved. If you have not worked on the planning and preparation of the annual seminar, this is good training for our duties with the National Training Program next July. There are lots of other positions to be filled, so I'm looking for help. Contact me for more information or to fill a position. [Rebecca.Fasulo-1@ksc.nasa.gov](mailto:Rebecca.Fasulo-1@ksc.nasa.gov) or 867-4436.

**HEALTH CORNER**  
**Paget's Disease**

Diagnosis of an uncommon form of breast cancer is often delayed because its symptoms suggest an inconsequential skin irritation. Paget's disease, a slow growing cancer of the nipple and areola, is often associated with a tumor deep in the breast. Women should examine their breast, including the nipples and surrounding areas, monthly. This examining should check for lumps, sores, scaliness, crusting, discharge, and other irregularities. Any changes should be reported to a physician immediately. Paget's disease is diagnosed through a biopsy. Prognosis is excellent if malignant cells are not present elsewhere.

*Mary Cianfrocca, M.D., Temple University, Philadelphia.*

**Remember October is Breast Cancer  
Awareness Month!**

**How you can help** - The Save Lids to Save Lives® program is running through mid-November 2001, with Yoplait yogurt cups with pink lids available nationwide. Once again, Space Coast Chapter, FEW, is collecting pink lids and sending them to Yoplait. Yoplait in turn will donate .10 to the Susan G. Komen Foundation for Breast Cancer Research for each lid collected.



**Join in the fight against breast cancer** by either dropping your pink Yoplait lids off or mailing the lids to:

OP/Becky Fasulo, Hdqr, 2419, 867-4436

UB-B1-C/Betty Valentine, Hgr. L, CCAFS, Room 110, 476-4213

SGS-006/Dawn Partlow, Bldg M&O, Room 141C 867-2895

BA-C/Aneta Ott, Hdqr, 2328, 867-8548

GG-B-B/Pat Jordan, Hdqr, 2206, 867-3917

Or mail to:

FEW – Space Coast Chapter

P.O. Box 21201

Kennedy Space Center, FL 32815

## Eating By The Alphabet

A truly healthy diet is one encompassing a wide range of delicious and nutritious foods. Nature provides enough of these foods so you'll never get bored. More importantly for your health, eating a myriad of foods vastly improves the chances you'll get all the nutrients your body needs to prevent and fight disease and keep you at your peak.

**A** – Almond, apple, artichoke, avocado, anchovie, apricot, asparagus

**B** - Beans/legumes, blackberries, blueberries, broccoli, buckwheat, beets, brussel sprouts, bulgar

**C** - Cabbage, cantaloupe, cauliflower, carrot, celery, chocolate, collard greens, cod, corn, cranberries

**D** – Dates

**E** – Eggs, eggplant

**F** – fennel, fig

**G** – Grapefruit, guava

**H** –

**I** –

**J** –

**K** – Kale, kohlrabi, kiwi

**L** – Lean meats, lettuce, lemon, lime

**M** – Mackerel, milk, mushroom, mango, millet, mustard greens

**N** – Nuts, Nectarine

**O** – Oats, onion, olive oil, orange

**P** – Papaya, peach, pineapple, prune, pumpkin, pumpkin seeds, parsnip, peas, peppers, potato,

**Q** – Quinoa

**R** – Raspberries, rice, red wine

**S** – Salmon, sardines, shellfish, soy, spinach, strawberries, sunflower seeds, sweet potato

**T** – Tea, Tofu , tomato, turnip, turnip greens, tuna

**U** –

**V** –

**W** – Watercress, wheat germ, whole grains

**X** –

**Y** - Yogurt

**Z** –

## CALENDAR OF EVENTS

### October

*National Disability Employment Awareness Month*

8 Columbus Day Holiday

**16 2002 NTP Committee/CIAO Bldg. – SR3**

17 Super Safety Day/ Cancelled

**23 Chapter Business & Seminar Meeting**

23 Business Opportunities Expo/Cancelled

26-27 Days of Caring

### November

*Native American Heritage Month*

11 Veteran's Day

22 Thanksgiving

**COMMUNITY OUTREACH**  
**Aneta Ott & Patti Rissman**

## **Florida Coastal Cleanup 2001**

October 6th is the Florida Coastal Cleanup sponsored by Keep Brevard Beautiful. Our FEW Chapter is going to be site coordinator at Sheppard Park in Cocoa Beach. Basically our job will be to hand out bags, log sheets and assist with the clean up. It is not a hard job and we need volunteers. It starts at 8 and ends at 12. We will have two shifts - one 8-10 and the other 10-12. So far I have 13 volunteers, we have done this for many years and have found it to be very rewarding. If you have not volunteered as yet...it is never too late!

### **Fruits and Vegetables Most Likely to Carry Pesticide Residue**

The fruits are apples, apricots, cherries, grapes, cantaloupe, peaches and strawberries. The vegetables are peppers, celery, lettuce, cucumbers, green beans, and spinach. It is safest to buy these foods organically grown. If you can't, wash all with warm soapy water and rinse thoroughly.

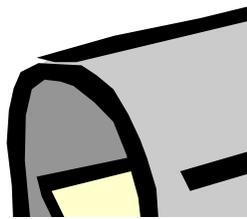
*Leanne Ely, Certified Nutritional Consultant,  
University of North Carolina/*

### **SPACE COAST CHAPTER NEWSLETTER**

**Sharon White**

This monthly publication is a means of sharing information and ideas, please send news articles or items of interest for this Newsletter to Sharon White at QP-ES-A-or e-mail [Sharon.White-1@ksc.nasa.gov](mailto:Sharon.White-1@ksc.nasa.gov)

Please feel free to share this Newsletter with your friends. And for anyone interested, a Membership Application is attached as the last page.



**FEDERALLY EMPLOYED WOMEN, INC.**

**Space Coast Chapter 009**

**Membership Application**

<b>New Applicant</b>		<b>Renewal</b>		<b>Previous Member</b>		<b>Change of Membership Info</b>	
<b>Name</b>				<b>Membership Number</b>			<b>Birth Date</b>
<b>Home Address</b>							
<b>City, State, Zip</b>							
<b>Home Phone</b>							
<b>Agency/Company</b>							
<b>Mail Code/Address</b>							
<b>City, State, Zip</b>							
<b>Work Phone</b>				<b>FAX #</b>			
<b>E-mail Address</b>							
<b>If interested in serving as a Chapter Officer, please indicate which office</b>							
<b>President</b>		<b>President Elect</b>		<b>Vice President</b>		<b>Secretary</b>	<b>Treasurer</b>
<b>METHOD OF PAYMENT</b>							
(Credit Cards only available Jan-Mar)							
<b>Total Amount Due: see schedule below</b>							
<b>Cash or Check</b>		<b>Check No.</b>		<b>Credit Card</b>	<b>Visa</b>		<b>Master Card</b>
<b>Card Number</b>					<b>Expiration Date (MM/YY)</b>		
<b>Print Cardholders Name (as it appears on card)</b>				<b>Signature (Credit Cards Only)</b>			

Please place an X by the month dues are paid and pay the indicated amount.

	Month	Amount Due		Month	Amount Due		Month	Amount Due
	February	\$30.00		March	\$28.00		April	\$26.00
	May	\$24.00		June	\$22.00		July	\$20.00
	August	\$17.00		September	\$15.00		October	\$13.00
	November	\$11.00		December	\$9.00		January	\$7.00

**The National Office requesting the following for statistics only:**

**Position/Title:** \_\_\_\_\_ **Series/Grade:** \_\_\_\_\_

**Circle One:    SES    GM    GS    WG    Military    Other**

Circle if Applicable:    FWP Full-time    FWP Part-time    EEO

**Demographics**

Sex [F/M] : \_\_\_\_\_ Race: \_\_\_\_\_ Years of Service: \_\_\_\_\_ Retired [Y/N]: \_\_\_\_\_

<p>Membership dues are to be paid February 1<sup>st</sup> of each year. However there is a pro-rated fee schedule for those joining after March 1<sup>st</sup>. Please contact the Membership Chair, Clara Anderson, 639-3154 if you have questions concerning your dues.</p> <p align="right">Form Revised (07/01)</p>
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